| Name of | Hill Walking | Date of risk | 26 th November 2020 | Name of who | Tris Cocks |
|------------|----------------------|--------------|--------------------------------|-----------------|------------|
| Section or | Adventurous Activity | assessment | | undertook this | |
| Activity | | | | risk assessment | |
| | | Date of next | August 2024 | | |
| | | review | | | |
| | | | | | |
| | | | | | |

| Hazard Identified? / Who is at Risks from it? risk? | | How are the risks already controlled? What extra controls are needed? | What has changed that needs to be thought about and controlled? | |
|---|--|---|---|--|
| Hazard – something that may cause harm or damage. Risk – the chance of it happening. | Young people, Leaders, Visitors? | Controls – Ways of making the activity safer by removing or reducing the risk from it. For example - you might use a different piece of equipment or you might change the way the activity is carried out. | Keep checking throughout the activity in case you need to change itor even stop it! This is a great place to add comments which will be used as part of the review. | |
| Supervision | All | Supervision of YP to comply with Ratios listed on Activity permit Clear responsibilities are to be outlined in the briefing to Leaders and Participants Leaders shall walk with inexperienced participants Participant groups may walk without a leader where the leader in charge has assessed their experience and navigation skills. These groups will be met along the route at waypoints to ensure safety. Leader in charge shall hold the Scout Hillwalking permit and operate within POR | | |
| Location Specific Hazards – Disorientation, unknown hazards | All | Leaders to be familiar with the route and suitable escape routes Safety briefing to be given prior to commencement of the activity to help orientate Leaders and participants and to identify and hazards. Briefing to include; Groups to keep to the tracks Groups to stay close together Asking questions to the Leader if unsure Following the country code Escape routes Briefing to continue throughout the walk as appropriate Venue for Stops to be determined by Participants wants, needs, ability and environmental conditions. Venue for stopping should be close to appropriate Escape Routes Venue to be checked clear for avoidable hazards | | |

Version 1.1 1 of 4



| Hazard Identified? / Risks from it? | Who is at risk? | How are the risks already controlled? What extra controls are needed? | What has changed that needs to be thought about and controlled? |
|--|-----------------|--|---|
| Falls, Falling Objects, from above, Slips, Trips and Falls - Injury | All | Appropriate routes will be selected. Proper briefing of participants, behaviour monitored and managed appropriately, vigilance required by all Leaders during activity. Participants to work together in groups rather than individually. Guidance to suitable footwear given before session | |
| Unprepared for conditions – Injury, Disorientation. | All | Participants will be advised of the need for- Suitable footwear Waterproofs Spare warm clothing Food/drink Suitable fitness for route / terrain Leaders will carry- Group shelter Emergency food and drink for the group Group First Aid kit Radio/Mobile Phone Map/compass | |
| Medical Conditions - Injury / Illness | All | All participants are required to provide information about significant medical requirements and will ensure that any essential medication is accessible. The leaders will continuously monitor the welfare of the group. The leaders will use this to set an appropriate pace. The leaders will change the route if appropriate. Suitable breaks will be built into the route to prevent over exertion. The leaders will ensure access to a first aid kit. Participants clothing and equipment will be checked before the activity | |
| Crossing Water | | Participants are told to not cross streams without adult supervision and guidance and must only be attempted under strict supervision and after the adult has assessed the risks of the site of the crossing. | |

Additional information can be found in the Safety Checklist for Leaders and other information at scouts.org.uk/safety

Version 1.1 2 of 4



| Hazard Identified? / Risks from it? | Who is at risk? | How are the risks already controlled? What extra controls are needed? | What has changed that needs to be thought about and controlled? |
|---|-----------------|---|---|
| | | Participants must use bridges or other fixed crossing points to cross rivers or heavy streams. | |
| Traffic on Roads, Logging lorries and Bikes - Injury | | Participants will be briefed to walk single file with leaders spread appropriately throughout the group. | |
| | | Participants to be briefed on how to communicate approaching traffic to other members | |
| | | Participants will be briefed on action to take (everyone stepping to the same side of path) if traffic approaches. | |
| | | Participants to be briefed that cycle traffic can approach quickly and silently. | |
| | | Routes will be away from main and country roads where possible to avoid motor traffic. | |
| Weather – Sunstroke, Hypothermia, Sunburn, | All | Weather to be checked prior to commencing activity; Activity to be modified to suit weather conditions. | |
| | | Pre-session briefing will include information about suitable and spare clothing. | |
| | | Leaders to ensure participants have access to correct clothing for the weather conditions, prior to commencing the expedition | |
| | | Leaders to ensure that suitable clothing is worn throughout the expedition for the current weather conditions, i.e. Waterproofs, Sun hat, Coat, Hat | |
| | | Ensure YP are suitably hydrated during the activity | |
| Farm Animals / Wild Animals – | All | Participants will be reminded of the country code | |
| Injury, | | Participants will be told of expected behaviour around animals | |
| | | Routes will be walked and checked for animals and the route will be adjusted if required. | |
| Getting Lost – Disorientation, | All | All leaders to have map and compass and know how to navigate / map read. | |
| Unknown terrain | | Route will be briefed and route cards handed out before the activity starts. | |
| | | All leaders to be carrying emergency equipment and mobile phones | |
| First Aid | All | At least one leader to hold a current first aid qualification and to have easy access to a first aid kit suitable for the activity. | |

Version 1.1 3 of 4



| Checked | ed by | Paul Woodward | Checked by Executive | Lesley Dingle |
|----------|-------|-------------------------------|----------------------|-------------------------------|
| Line Man | nager | Assistant GSL | | Group Chair |
| | | 9 th December 2020 | | 9 th December 2020 |

Version Control

| Date | Version | Changed by | Comments |
|--------------------------------|---------|---------------|-----------------|
| 26 th November 2020 | 1 | Tris Cocks | Initial Version |
| 28 th August 2023 | 1.1 | Paul Woodward | Reviewed |
| | | | |
| | | | |



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Version 1.1 4 of 4