## **Risk assessment**

Name of	Swimming - Outdoor	Date of risk	7 <sup>th</sup> December 2020	Name of who	Stacey Weaver
Section or	Swimming in the Sea, Rivers, Lakes & Ponds	assessment		undertook this	
Activity				risk assessment	
		Date of next	August 2024		
		review			

Hazard Identified? /	Who is at	How are the risks already controlled?	What has changed that needs to be thought	
Risks from it? risk?		What extra controls are needed?	about and controlled?	
Hazard – something that may cause harm or damage. Risk – the chance of it happening.	Young people, Leaders, Visitors?	Controls – Ways of making the activity safer by removing or reducing the risk from it.  For example - you might use a different piece of equipment or you might change the way the activity is carried out.	Keep <b>checking</b> throughout the activity in case you need to change itor even <b>stop</b> it! This is a great place to add comments which will be used as part of the review.	
Slips, Trips and Falls	All	<ul> <li>Check area is clear of obstacles that are likely to increase the risk of slips, trips &amp; falls</li> <li>Leader to brief all persons not to run on rocks / seaweed or slipways as they could be slippery</li> <li>Everyone is required to wear suitable footwear that provides adequate grip and protection from sharp rocks / shale.</li> </ul>		
Water – Drowning	Swimmers	Leaders to brief swimmers about the depth of the ware, and dangers i.e. waves, tides, currents, rips, mud and underwater obstacles		
		No diving or jumping into the water unless the depth has been deemed safe by a leader		
		Young people are not to enter the water without permission of the leaders		
		Leaders to check that swimmers have not eaten for 1 hour before entering the water		
		At least one leader to be positioned as a 'back marker' where swimmers are not allowed to go past		
		If a lifeguard is present; swimming is to take place between the flags		
Cold Water – Cold Water Shock, hyperthermia	Swimmers	<ul> <li>Swimmers to wear suitable clothing for the water such as a rash vest / t shirt</li> <li>Swimmers to have a warm change of clothes available upon exit of the water.</li> </ul>		
		Leaders to set a suitable time limit for time in the water.		
Ability – Drowning	Swimmers	<ul> <li>Swimmers abilities to be verbally assessed prior to entering the water</li> <li>Swimmers actual ability to be assessed continuously during the swimming session</li> </ul>		

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Hazard Identified? / Risks from it?	Who is at risk?	How are the risks already controlled? What extra controls are needed?	What has changed that needs to be thought about and controlled?
Ability – Drowning (Continued)		Leader to intervene as required to provide swimming aids (floats and arm bands) and keep swimmers within their own depth	
Behaviour – Drowning, water inhalation	All	<ul> <li>Behavioural expectations of all persons involved in the activity to be briefed before the activity commences.</li> <li>Warning signs and Lifeguards to be obeyed at all times.</li> <li>No Diving or jumping into shallow water</li> <li>No Pushing / Horseplay / splashing others</li> <li>Repeated contravention of the rules / instructions will results in the session being stopped and the participant withdrawn.</li> </ul>	
Emergency Situations	All	<ul> <li>Leaders and Swimmers to be briefed to exit the water as quickly as safely possible should an emergency situation occurs.</li> <li>A shore based leader is to provide additional supervision with access to a throw bag.</li> </ul>	
First Aid	All	At least one leader to hold a current first aid qualification and to have easy access to a first aid kit suitable for the activity.	
Supervision	All	Supervision of YP to be within minimum ratios as specified in POR.	

Checked by	Tris Cocks	Checked by Executive	Lesley Dingle
Line Manager	GSL		Group Chair
	9 <sup>th</sup> January 2021		23 <sup>rd</sup> March 2021

## **Version Control**

Date	Version	Changed by	Comments
7 <sup>th</sup> December 2020	1	Stacey Weaver	Initial Version
28 <sup>th</sup> August 2023	1.1	Paul Woodward	Reviewed



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